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| |  |  |  | | --- | --- | --- | | |  | | --- | | **A New CACFP Year, New CACFP Goals Reminder** |      |  | | --- | | It is so difficult to set aside time for planning and scheduling amid all the challenges and duties within the Child and Adult Care Food Program. Whether you are a CACFP State Agency, CACFP Sponsor staff, Advocate, CACFP Vendor, CACFP Participant or USDA FNS staff, it’s difficult.  At the beginning of a new year, almost everyone can stand to do some organizing in some area of their lives. That could include a major New Year's resolution or smaller goals like organizing your desk drawer or getting some additional new CACFP Meal Pattern training, now is a great time to help make your life easier and less stressful. Where you are and where you want to be reflections are guaranteed to happen when you start the process of planning and setting new goals. It is time to use any effective planning and time management skills that you have to help you leave work at the end of the day on time, in control, and satisfied with a job well done in this new year!  Experience firsthand your goals coming to fruition. Only you can set goals for yourself, and only you can decide what each of those goals mean to you. A typical CACFP professional must fulfill a number of responsibilities in a variety of areas, and the to-do list is never-ending. It's important to prioritize those responsibilities, and have a plan on how to approach those responsibilities. In the CACFP setting, those priorities could include preparing for a state agency, federal or local CACFP review, reviewing new regulations, developing menus or curriculum, or conducting exit interviews. Whatever the responsibility might be, let’s realize planning and using time effectively is the only way to see those goals come to fruition.  A key component in planning for the new year is communication. Communication with sponsors, state agencies, child care providers, partners, parents and clients is imperative to helping you accomplish all of your goals, and becoming the best version of yourself. The quality of a relationship in CACFP is highly dependent on the quality of their communication. The better your communication skills are, the better our CACFP relationships will be.  They say planning and setting goals can be tedious, let’s face it, it is! That and time management shouldn't be painful but it is. But think of the benefits that will come from doing it. Too many to count.  So, get busy and set some CACFP goals and a To Do List, you know how to do it. You just have to start now.  Sample 2017  CACFP Action Goals   * Be more physically active on the job, start a CACFP [walking](http://everybodywalk.org/) club or yoga moments * Attend more Webinars, Conferences, Meetings   + Anti Hunger Policy Conference [March 5-7, 2017](http://www.cacfpforum.com/conference.html)     - Pre Conference Session: CACFP Meal Pattern Implementation Training [March 4, 2017](http://www.cacfpforum.com/conference.html) (no extra fee)   + National Head Start Association [April 6-10, 2017](https://www.nhsa.org/events-and-news/event/2017-annual-conference)   + Obesity Conference [May 30-June 2, 2017](http://www.cvent.com/events/9th-biennial-childhood-obesity-conference/event-summary-24a16f12a73a446f819b56d189a71b1c.aspx)   + NAFCC Conference [July 19-22,2017](https://www.nafcc.org/Conference2017)   + CCFP Roundtable [October 23-25, 2017](http://ccfprtconference.weebly.com/)   + NAEYC Conference [November 15-18, 2017](http://www.naeyc.org/conference/) * Advocacy goals   + Send a letter to one or more of your representatives (local, state, federal)   + Arrange a meeting with one   + Advocacy [Tools](http://www.ccfproundtable.org/advocacy.aspx), find your elected [official](https://www.usa.gov/elected-officials) * CACFP Implementation Schedule (Training) Goals * Support more organizations like; [The National CACFP Forum](http://www.cacfpforum.com/), [CCFP Roundtable](http://www.ccfproundtable.org), [NAFCC](https://www.nafcc.org/) through membership and volunteering * Social media, plan for at least one social media outlet consistently (#CACFP) Share or like other CACFP posts * Use more existing CACFP resources from [USDA](https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program), [ICN](http://www.nfsmi.org/Templates/TemplateDivision.aspx?qs=cElEPTc=) and other CACFP colleagues * Reduce Paperwork [Streamline CACFP](https://www.fns.usda.gov/cacfp/streamlinecacfp-resource-center) * Recruit new Centers/Family Child Care /Organization CACFP Awareness Plan/Fundraiser Plan * Do at least one thing with Family/Center Child Care membership organizations * Catch up on CACFP and Child Nutrition reading * Build more partnerships in community, especially in the child care field * Apply for a Grant, [example](http://www.tlfcci.org/mini-grant-program.html) * Get some good old fashion press for child care and/or CACFP * Have a clean desk in 2017 [wiki how to](http://www.wikihow.com/Organize-Your-Desk) | | |

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To Do List

* Schedule exercise time like CACFP [walking](http://everybodywalk.org/) club or [yoga](http://ccfprtconference.weebly.com/uploads/7/9/9/8/7998708/office_yoga__2_.pdf) @the Office
* Register by January 15 for Earlybird rates for the [Anti-Hunger Policy Conference](http://www.cacfpforum.com/conference.html)
* Schedule CACFP Meal Pattern Implementation
* Schedule and Promote CACFP Annual Training
* Calendar Webinars, Conferences, Meetings, [National Observation Days](http://www.childcareinfo.com/blog/2015/4/1/april-child-care-fun-calendar?rq=calendar)
  + Anti Hunger Policy Conference [March 5-7, 2017](http://www.cacfpforum.com/conference.html)
    - Pre Conference Session: CACFP Meal Pattern Implementation Training [March 4, 2017](http://www.cacfpforum.com/conference.html) (no extra fee)
  + National Head Start Association [April 6-10, 2017](https://www.nhsa.org/events-and-news/event/2017-annual-conference)
  + Obesity Conference [May 30-June 2, 2017](http://www.cvent.com/events/9th-biennial-childhood-obesity-conference/event-summary-24a16f12a73a446f819b56d189a71b1c.aspx)
  + NAFCC Conference [July 19-22,2017](https://www.nafcc.org/Conference2017)
  + CCFP Roundtable [October 23-25, 2017](http://ccfprtconference.weebly.com/)
  + NAEYC Conference [November 15-18, 2017](http://www.naeyc.org/conference/)
* Send a letter to one or more of your representatives (local, state, federal)
  + Arrange a meeting with one
  + Advocacy [Tools](http://www.ccfproundtable.org/advocacy.aspx), find your elected [official](https://www.usa.gov/elected-officials)
* Set CACFP Implementation Schedule (Training)
* Pay membership fees [The National CACFP Forum](http://www.cacfpforum.com/), [CCFP Roundtable](http://www.ccfproundtable.org), [NAFCC](https://www.nafcc.org/) or?
* Post on Facebook and/or twitter (#CACFP) share or like other CACFP orgs-use the scheduling tool
* Use materials from [USDA](https://www.fns.usda.gov/cacfp/child-and-adult-care-food-program), [ICN](http://www.nfsmi.org/Templates/TemplateDivision.aspx?qs=cElEPTc=) and other CACFP colleagues
* Schedule volunteer time for supporting CACFP membership organizations
* Go on the USDA [Streamline CACFP](https://www.fns.usda.gov/cacfp/streamlinecacfp-resource-center) page
* Promote/Recruit Centers/Family Child Care Plan (Free [promo graphics](http://www.cacfptakeactionchallenge.org/cacfptac-ads-and-posters.html))
* Organization CACFP Awareness Plan/Campaign/Fundraiser ([ideas](http://www.cacfptakeactionchallenge.org))
* Schedule at least one thing with local, state, federal Family/Center Child Care membership organizations
* Schedule reading time for CACFP and Child Nutrition
* Call the local press
* Clean desk